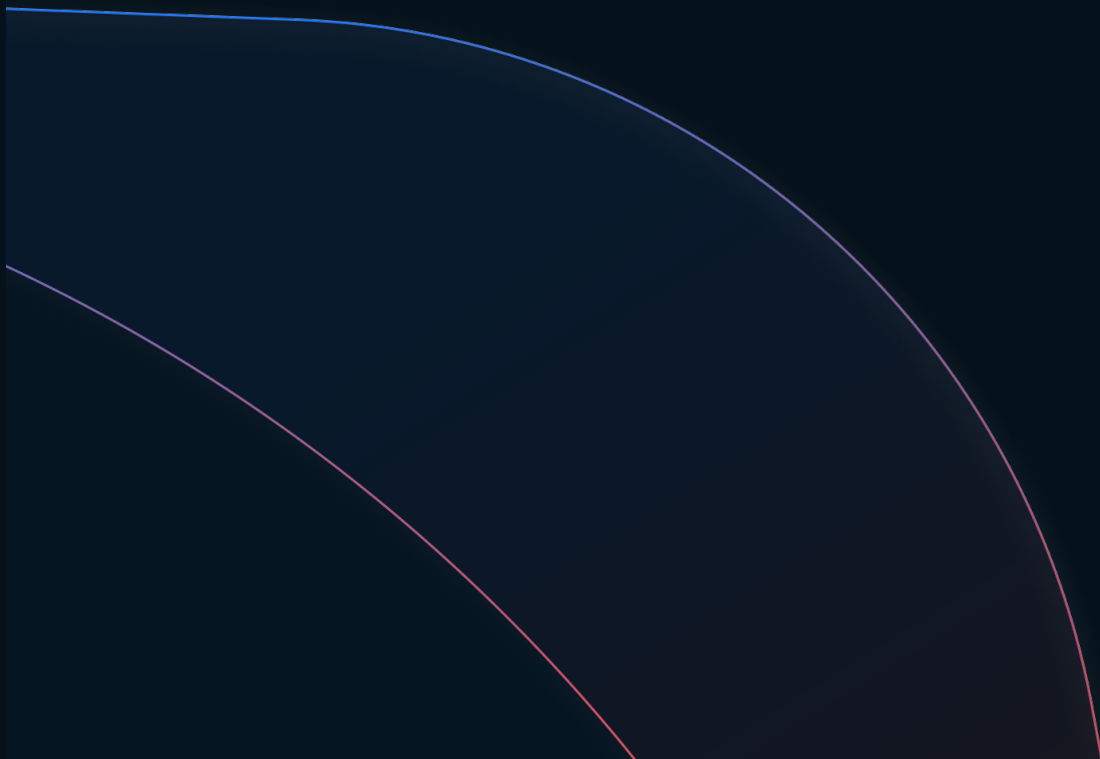


EarlyTM

Being early mattersTM



Case Study: Genes Are Not Your Destiny

EARLY PROGRAM RESOURCE MATERIAL



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Category	Biomarker / Lab Test	Result
Lipids	LDL-C	110
	HDL-C	84
	Triglycerides	80
	Non-HDL-C	128
	VLDL-C	18
	TG/HDL-C	0.95
	Total Cholesterol	212
Lipoproteins	Lp(a) mg/dl	27
	ApoB	94
	ApoE	4/4
Inflammation	Homocysteine	11
	hsCRP	0.4
	Uric Acid	4.9

Category	Biomarker / Lab Test	Result
Metabolic	Fasting Insulin	10
	Fasting Glucose	93
	HbA1c	5.5
Sterols	Campesterol	5.3
	Sitosterol	4.5
	Lathosterol	1.1
	Desmosterol	0.8
Thyroid	TSH	2.12
	fT4	1.41
	fT3	3.1
	rT3	12
	ATA	--
	ATAP	--

Category	Biomarker / Lab Test	Result
Sex Hormones	Estradiol	49
	FSH	37.2
	LH	18.6
	SHBG	114
	Testosterone	21
	Free Testosterone	0.15
Liver	ALT	38
	AST	31
	Total bilirubin	0.8
Kidney	Cystatin C	0.83
	eGFR - Cystatin C	97
Other	Hb	13.9
	Ferritin	391
	Omega - 3 Index (OmegaqQuant)	6.1

OGTT

	Baseline	30'	60'	90'
Glucose	93	143	126	81
Insulin	10	67	55	39